

# Foundation course in personality (BPS Test User Personality Part 1)

## Understanding personality models and questionnaires

### AIMS

- To appreciate the major models, methods and principles of personality measurement
- To be in a position to choose further training in specific questionnaires:
  - the 16PF® family (including 15FQ+™)
  - the Big Five (including NEO-PIR™)
  - the Type family (including TDI® and LSI)
  - the Interpersonal Relationships measures (FIRO® and the Relational Health Audit)
- To understand the differences between questionnaires measuring traits, type, relationships and their applications
- Become registered to use VbIM – a values questionnaire key to understanding people's energy and motivation
- Enjoy stimulating discussion and debate
- Take a step on the path to the coveted British Psychological Society Test User, Personality qualification.

### CONTENT

- Alternative ways of measuring personality
- Evaluating and critiquing questionnaires
- Using and applying different instruments

### WHY TEAM FOCUS?

- We train people in a wider range of tests and questionnaires than any other trainer
- We are recognised as one of the most knowledgeable practitioners in this area

### WHO SHOULD ATTEND?

Those who wish to:

- Obtain recognised qualifications in personality assessments
- Register and purchase questionnaires from various publishers

Extend their knowledge and understanding by training with trainers who have broad, in-depth knowledge and who do not only promote the use of their own range of instruments

Typically course delegates involved in the selection and development of people – HR professionals, Training and Development Managers, Executive Coaches, Counsellors, Outplacement Consultants and Line Managers wanting to develop their understanding of people

### QUALIFICATION

- Successful completion of the course provides Certification of BPS Test User Personality Part 1 - subject to meeting the pre-requisites and standards required

#### FOLLOW-ON COURSES

Specific personality instruments - NEO PI-R™, 15FQ+™ and the 16PF® family, Psychological Type (including TDI®), FIRO®,

#### FURTHER DETAILS

##### Duration

Online approximately 12 - 20 hours

##### Investment

Please contact us for details



What is Personality?

Which questionnaires?

Understanding People