



Administrator's Report

Relational Health Audit

Denise Debutante



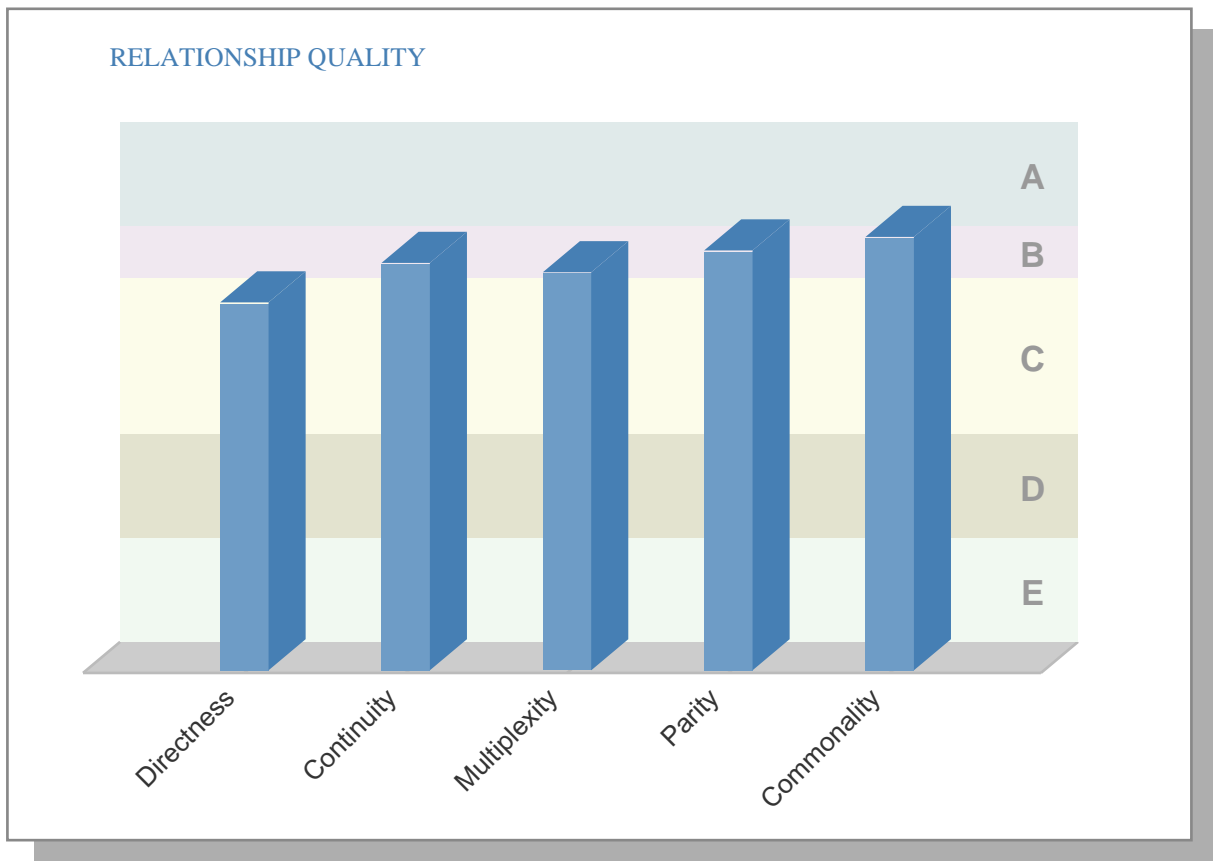
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Relational Health Audit: Version A

Denise Debutante

This report is based on Denise's answers to the RHA questionnaire when she was considering her relationship with Helen Harrison. The graph below shows the mean scores obtained by Denise on each of the five major dimensions of the questionnaire.

To understand the scores in each area, remember that the scale used to answer the items was 1-6 and the summary scores below have averaged these so that the results are also on the scale 1-6. Scores above 4 suggest a broadly positive view of the relationship. Scores below 4 suggest an area where some improvement would benefit the relationship.

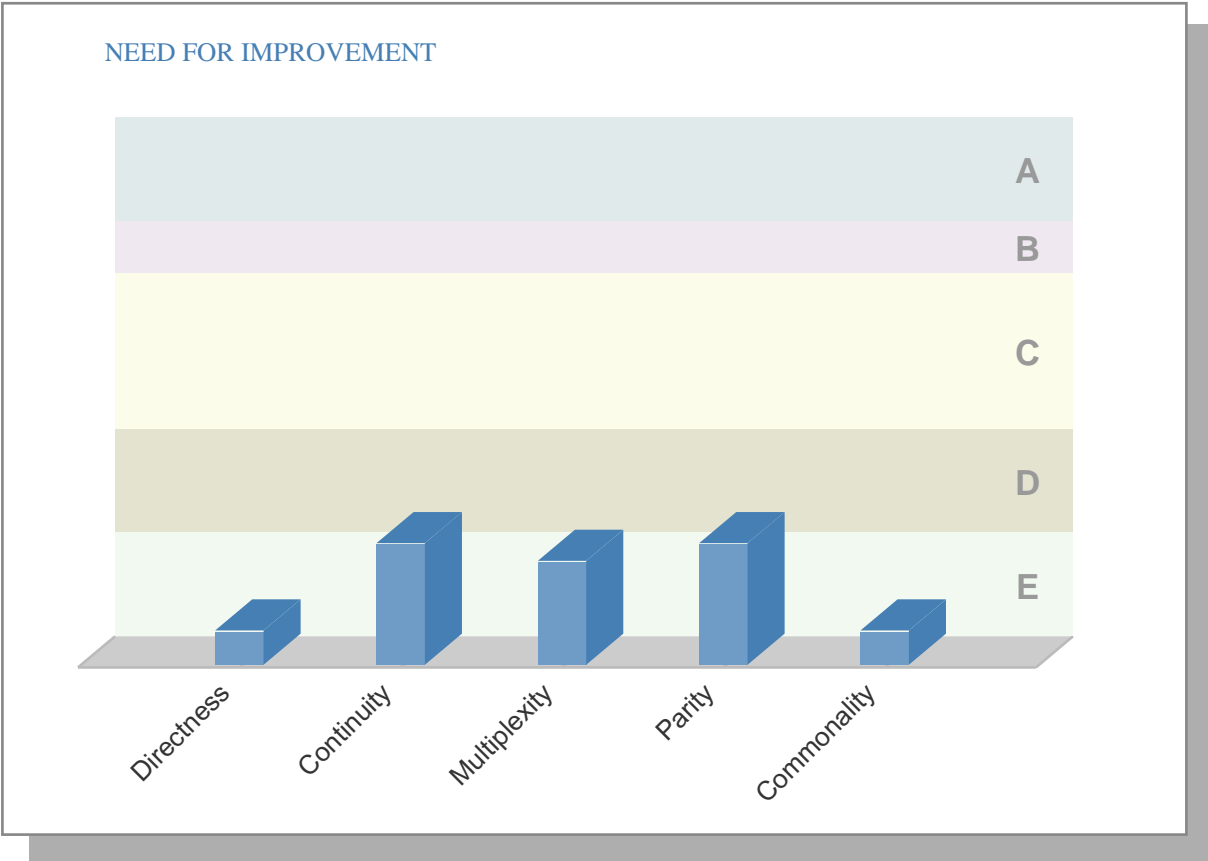


You will see that, for ease of interpretation, the scores in the graph above have been graded from A to E as shown by the coloured bands. The grades can be interpreted as follows:

- A: a very positive strength in the relationship (scores above 5)
- B: a strength in the relationship (scores between 4 and 5)
- C: an area that is generally working well in the relationship (scores between 3.0 and 3.9)
- D: an area to strengthen in the relationship (scores between 2.0 and 2.9)
- E: an area that is not working well in the relationship (scores below 2)

Need for improvement

Part B of the RHA questionnaire asks the respondent to rate the relationship in terms of the degree of improvement they see as being necessary across several aspects of each of the five major dimensions. The graph below shows the means of these ratings for each dimension. High scores (as depicted by tall columns in the graph) indicate that the person sees there to be a need for improvement in the relationship. Low scores (low columns), indicate that the person is relatively content with the relationship as it currently is.



Overall relationship indices

The Relationship Strength Index is the mean of all ratings from the first part of the RHA questionnaire (across all dimensions, areas, facets and subfacets). This index is on a scale from 1 to 6, where a high number indicates high relationship strength (i.e. high quality of relationship). The Need for Improvement Index is on a scale of 1 to 100, where a high number indicates that the person feels there it is a particular need to improve the relationship and a low number indicates that they are relatively content with the relationship. The results for these two indices were as follows:

Relationship Strength Index	4.90
Need for Improvement Index	30.00

Data table

The data table below sets out the means for each dimension, area and facet covered by the RHA questionnaire. Please note that sten scores are not yet available.

	Denise Debutante	
	Raw	Sten
DIRECTNESS	4.54	
Quantity	4.38	
Contact	5.50	
Access	3.25	
Quality	5.38	
Functionality	4.75	
Style and tone	6.00	
Connection	3.88	
Intellectual	3.75	
Emotional	4.00	
CONTINUITY	4.92	
Foundations	4.60	
Duration	5.25	
Interruptions	4.17	
Anticipations	5.50	
Stability	5.75	
Sustainability	5.25	
Belonging	4.75	
Shared story	4.00	
Roots	5.50	
MULTIPLICITY	4.83	
Breadth	4.50	
Variety of situations	3.25	
Variety of demands	5.75	
Depth	5.38	
Predicting	6.00	
Accessing	4.75	
Appreciation	4.63	
Knowing and appreciating	4.50	
Being known and appreciated	4.75	

PARITY	5.04	
Participation	5.00	
Freedom to choose	4.75	
Involvement	5.25	
Fairness	4.75	
Fairness of contribution	5.25	
Fairness of return	4.25	
Respect	5.38	
Respecting yourself	5.00	
Being respected	5.75	
COMMONALITY	5.17	
Common Goals	5.13	
Short-term	5.75	
Long-term	4.50	
Overlap and depth	5.25	
Overlap	4.50	
Depth	6.00	
Unity	5.13	
Synergy	4.75	
Unity	5.50	

How this relationship can be improved

This section of the report details the specific areas Denise considered important to improve and is set out in terms of the particular statements from Part B of the RHA questionnaire with which she showed strong or average levels of agreement. After each item, the rating on the 1-5 scale assigned to that statement is shown in brackets. High numbers indicate that Denise sees the issue in question to be important to improve.

You think that it is VERY important for the health of this relationship that . . .

- we are better able to predict how each other would feel and behave in different situations and circumstances (5)

You think that it is fairly important for the health of this relationship that . . .

- we have better or more immediate access to each other (3)
- we share more experiences over a longer period than is currently the case (4)
- we have more regular contact and avoid long periods of no contact (4)
- Helen is more approving and less restricting so that I feel more able to act freely as I think appropriate (4)
- I develop greater respect for what Helen contributes and stands for (4)

The following diagram look at the relationship between Denise's perceptions of the quality of each of the five major areas of the relationship and her view of how necessary it is to make improvements in each area. The colours used in the diagram indicate the following:

- Pink: Areas of the relationship which Denise considers definitely in need of improvement
- Yellow: Areas of the relationship which Denise considers to be in need of slight attention
- Green: Areas of the relationship which Denise does not think need to be improved.

Those areas of the relationship that fall towards the left of the diagram are those which Denise thinks are of low quality. However, because she see them as being of low quality, this does not necessarily mean that they need to be improved. Some areas might not actually be important for this particular relationship and maybe the relationship can thrive quite well without them.

Any areas which fall in the first cell of the top row of the tables ("Weaknesses to be addressed") will probably be the most important for Denise to address as these are areas which she sees as being both of poor quality and in particular need of improvement.

	Weaknesses to be addressed	Areas which need improvement	Strengths which need to be even better
4-6	NONE	NONE	NONE
Need for improvement	Weaknesses which need slight attention	Needs slight attention	Strengths which need slight attention
	3.0 - 3.9	NONE	NONE
	Areas of little concern	Areas that do not need attention	Strengths that do not need attention.
<3	NONE	NONE	Directness Continuity Multiplexity Parity Commonality
	<3	3.0 - 3.9	4-6
	Perceived quality of relationship		